

COFFEE BREAKS
Minimum of 10 people

MORNING COFFEE BREAK I
\$15 per person

Assorted Cookies

Full Cream, Low Fat and Soy Milk

Freshly Brewed Coffee or Fine English Tea

MORNING COFFEE BREAK II
\$18 per person

Fresh Juices

Orange, Grapefruit, Pineapple, Apple

From the Bakery

Assortment of Croissant, Danish Pastries, Muffins
Pain Au Chocolat, Selection of Breads

Full Cream, Low Fat and Soy Milk

Freshly Brewed Coffee or Fine English Tea

MORNING COFFEE BREAK III
\$23 per person

Fresh Juices

Orange, Grapefruit, Pineapple, Apple

Assorted Cookies

Selection of Yogurts

Chilled Fruit Skewers

From the Bakery:

Assortment of Croissant, Danish Pastries, Muffins
Pain Au Chocolat, Selection of Breads
Unsalted Butter, Preserves and Jams

Full Cream, Low Fat and Soy Milk

Freshly Brewed Coffee or Fine English Tea

MORNING HEALTHY COFFEE BREAK

\$23 per person

Fresh Juices

Orange, Grapefruit, Carrot, Apple

Energy Morning Shooter

Platter of Sliced Seasonal and Exotic Fruits with Berries

Assorted Low Fat Yogurts

Granola Bars and Dried Fruits

Vegetable Crudité Composition

Low Fat and Soy Milk

Decaffeinated Coffee and Herbal Tea

ENERGY MORNING SHOOTERS

\$4 per person

Choose 1 from the following choices

Power Juices

Carrot, Apple, Kiwi and Parsley

Mint, Melon, Spinach and Parsley

Grape, Pear, Apple and Pineapple

Cleansing Juices

Orange and Mint

Prunes, Pears and Apple

Carrots, Pears and Coriander

Watermelon, Green Melon, Broccoli and Watercress

Vitality Juices

Passion Fruit, Cantaloupe Melon, Mango and Blueberries

Apple, Mango, Pineapple, Blueberries and Strawberries

Carrot, Leek, Parsley and Ginger

AFTERNOON COFFEE BREAK I

\$15 per person

Assorted Cookies

Full Cream, Low Fat and Soy Milk

Freshly Brewed Coffee or Fine English Tea

AFTERNOON COFFEE BREAK II

\$25 per person

Fresh Juices

Orange, Grapefruit, Pineapple, Apple

Assorted Mini Pastries

Assorted Cookies and Banana Bread

Mini Open Faced Sandwiches

Selection of Whole and Sliced Seasonal Fruit

Full Cream, Low Fat and Soy Milk

Freshly Brewed Coffee or Fine English Tea

AFTERNOON HEALTHY COFFEE BREAK III

\$25 per person

Fresh Juices

Orange, Grapefruit, Carrot, Apple

Selection of Whole and Sliced Seasonal Fruit

Granola Bars and Dried Fruits

Smoked Salmon on Rye Bread Open Face Sandwiches

Tomato and Mozzarella Skewers

Vegetable Crudité Composition

Low Fat and Soy Milk

Decaffeinated Coffee and Herbal Tea

THEMED COFFEE BREAKS

*Ideal for repeated morning or afternoon coffee breaks
During multiple day events*

ENGLISH COFFEE BREAK

\$25 per person

Fresh Juices

Orange, Grapefruit, Pineapple, Apple

English Scones with Preserves and Whipped Cream

Apple Pie with Vanilla Crème Anglaise

Assorted Finger Sandwiches

Selection of Whole and Sliced Seasonal Fruit

Full Cream, Low Fat and Soy Milk

Freshly Brewed Coffee or Fine English Tea

FRENCH COFFEE BREAK

\$25 per person

Fresh Juices

Orange, Grapefruit, Pineapple, Apple

Assorted Mini French Pastries

Mousse Au Chocolat

Assorted Mini Croissant with Various Fillings

Selection of Whole and Sliced Seasonal Fruit

Full Cream, Low Fat and Soy Milk

Freshly Brewed Coffee or Fine English Tea

ITALIAN COFFEE BREAK

\$25 per person

Fresh Juices
Orange, Grapefruit, Pineapple, Apple

Assorted Italian Pastries

Tiramisu
Assorted Bruschetta with Various Toppings
Selection of Whole and Sliced Seasonal Fruit

Full Cream, Low Fat and Soy Milk

Freshly Brewed Coffee or Fine English Tea

AMERICAN COFFEE BREAK

\$25 per person

Fresh Juices
Orange, Grapefruit, Pineapple, Apple

Mini Cheesecakes with Fruits and Berries

Chocolate Fudge Brownies
Assorted Bagels with Various Fillings
Selection of Whole and Sliced Seasonal Fruit

Full Cream, Low Fat and Soy Milk

Freshly Brewed Coffee or Fine English Tea

AFTERNOON TEA

\$23 per person

Selection of Open Face Sandwiches - Choice of 3

Mozzarella, Tomato, Lettuce, Basil Pesto

Tuna Salad, Scallions, Lettuce

Bacon, Lettuce, Tomato

Prawn Cocktail

Crab, Avocado

Goat Cheese, Grilled Vegetables

Roast Beef, Mustard, Lettuce

Ham, Cheese, Tomato

Chicken Salad, Lettuce

Brie, Caramelized Onions, Lettuce

Assorted Cakes and Pastries

Freshly Brewed Coffee, Decaffeinated Coffee and Selection of Teas

INDIVIDUAL BREAK SELECTION

Beverages

Freshly Brewed Gourmet Coffee, Decaffeinated Coffee and Tea Selections	\$ 6.50 per person
Assorted Sodas – on consumption	\$ 4.50 each
Mineral Water (Still/Sparkling) half bottles – on consumption	\$ 5 each
Chilled Orange and Apple Juices	\$ 5 per person
House Iced Tea	\$ 6.50 per person
Lemongrass Tea	\$ 6.50 per person
Banana and Strawberry Smoothie	\$ 7 per person

Food Items

Breakfast Bakeries	\$ 7.50 per person
Whole Fresh Fruit	\$ 6 per person
Assorted Yogurts	\$ 5 per person
Homemade Cookies, Brownies	\$ 6.50 per person
Chilled Fresh Fruit Kebabs	\$ 7.50 per person
Assorted Finger Sandwiches – choice of up to 4 selections	\$ 12 per person
Granola Bar	\$ 4 per person
Banana Bread	\$ 5 per person
Dried Fruit and Nuts	\$ 7.50 per person